

We Are Also Happy to See You at Our LoHi Location!



100% Gluten, Grain, Refined Sugar, Soy, Corn, Peanut & Legume Free

99% Dairy Free

OILS Coconut & Olive Only

Choices on this menu are



JUST BEGINNINGS

BRIGHT Moroccan Roasted Carrot

Dip VG, EF, NF

CARROTS, TAHINI, GARLIC, LEMON, COCONUT, CARROT

STICKS / **\$7.99**

Contains seeds

HARMONY Chicken Satay EF,

NFO, K

SEASONED CHICKEN, SESAME, GINGER, NO-PEANUT SATAY SAUCE / **\$6.99**

Contains nuts & seeds, can be nut free

DARING Cauliflower Wings EF, NF, VG, V,

W30, K

HOUSE SPICED COATED CAULIFLOWER, DAIRY FREE RANCH /

\$7.99

Contains seeds, can be seed free

JUST BE SATISFIED

PASSION Vegetable Curry VG, NF, EF

CAULIFLOWER RICE, MIXED VEGGIES,

HOUSE CURRY SAUCE / **\$12.25**

Add Chicken / \$4.00 Add Bacon / \$3.50



WE ARE THE ONLY W30 APPROVED RESTAURANT HQ'D IN THE STATE OF COLORADO!

CRAVE 100% Grass-Fed Burger K, NFO, EF

GRASS-FED BEEF PATTY*, SUGAR-FREE BACON, CHARRED ONION, HOMEADE MAYO, MIXED GREEN SALAD / **\$14.25**

Add Egg / \$1.50 Add Extra Bacon / \$3.50*

Contains nuts, can be nut free

FULFILLED Burrito Bowl VO, K, NF

SCRAMBLED EGGS*, SAUSAGE, ROAST VEGGIE PUREE, SWEET POTATO HASH, PORK OR VEGGIE GREEN CHILI, CILANTRO, SCALLION, JALAPEÑO / **\$13.25**

Contains nuts



WHOLEHEARTED Pork Green Chili K, EF, NF

ROAST VEGGIE PUREE, PORK, JALAPEÑOS, SCALLION, CILANTRO

Cup / **\$6.75** Bowl / **\$8.99**



COZY Chicken No Dumplings NF, K, EF

CHICKEN, CARROT, CHICKEN BROTH GRAVY / **\$10.40**

V = VEGETARIAN VO = VEGETARIAN OPTION

VG = VEGAN VGO = VEGAN OPTION NF = NUT FREE NFO =

NUT FREE OPTION W30 = WHOLE 30

K = KETO EF = EGG FREE EFO = EGG FREE OPTION

JUST BE COMFORTED

BONE BROTH BAR

100% Pasture Raised Chicken Bone Broth + 2 Toppings

GARLIC, GINGER, JALAPEÑO, SEA SALT, CAYENNE, SCALLION, BUTTER, CILANTRO

Mug / **\$6.50** Pint / **\$8.95** 32oz / **\$14.95** Extra Toppings / **50¢**

JUST BE DINNER

Served 4pm – 7pm

AMORE Beef Bolognese EF, NF, K
SQUASH NOODLES, GRASS FED BEEF &
PORK BOLOGNESE, BASIL / \$12.99

CLASSIC Stroganoff EF, VG, V, K
SQUASH, CRIMINI MUSHROOMS, DIJON,
VEGAN SOUR CREAM, PARSLEY / \$12.99
Add Chicken / \$4.00
*Contains nuts

PEACE Chicken Pot Pie EF, NF, W30 Option, K
CHICKEN, ONION, CARROT, CELERY,
THYME, CASSAVA CRUST / \$11.99



FAMOUS DDD Sampler NF, K, EF GUY
FIERI'S FAVORITES, CHICKEN NO
DUMPLINGS AND PORK GREEN CHILI /
\$40.75

AS SEEN ON DINERS, DRIVE IN'S & DIVES!

WE WERE THE FIRST TIME A 100% GLUTEN, GRAIN, REFINED SUGAR, AND
DIARY FREE RESTAURANT FEATURED ON THE SHOW!

MINDFUL MOUTHFULS AT HOME!

LOOK AT OUR RETAIL BAG MIXES FOR OUR FAMOUS CHOCOLATE CHIP
COOKIES, BROWNIES AND GRANOLA! LOAVES OF RYE BREAD TOO!

JUST BE PARTYING

ASK US ABOUT HOSTING A BIRTHDAY, WEDDING OR ANY CELEBRATION! WE
DO FULL OR PARTIAL VENUE HIRES!
FOR MORE INFORMATION EMAIL: Catering@JustBeKitchen.com

LOOKING FOR **WHOLE30** AT HOME?
approved*
ORDER ONLINE AT JUSTBEKITCHEN.COM

* These items may be served raw or undercooked, or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illnesses.

Paleo is a lifestyle rather than a diet and uses nutrient dense foods which are minimally processed.

**WE VALUE & APPRECIATE INDIVIDUALS WITH FOOD SENSITIVITIES.
PLEASE ASK FOR ANY MODIFICATIONS—WE ARE HAPPY TO ACCOMODATE!**

All of our dishes are prepared-to-order, thus our kitchen operations may involve shared cooking & preparation areas. Therefore, we cannot guarantee that any menu item can be completely free of nut, dairy or egg allergens.



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JUSTBEYOU@JUSTBEKITCHEN.COM

OR VISIT US ONLINE AT [JUST BEKITCHEN.COM](http://JUSTBEKITCHEN.COM)