



## All Day & Dinner Menu

**100%** Soy, Corn, Peanut & Legume Free

**99%** Dairy Free

**OILS** Coconut & Olive Only

### JUST BEGINNINGS

*Served All Day*

**BRIGHT Moroccan Roasted Carrot Dip** VG, W30 Opt, EF, NFO  
CARROTS, TAHINI, GARLIC, LEMON, COCONUT, HOUSE ALMOND FLOUR CHIPS / **\$7.99**  
*Contains nuts & seeds, can be nut free*

**HARMONY Chicken Satay** EF, NFO, W30, K  
SEASONED CHICKEN, SESAME, GINGER, NO-PEANUT SATAY SAUCE / **\$6.99**  
*Contains nuts & seeds, can be nut free*

**FOOD DARING Cauliflower Wings** EF, NF, VG, V, W30, K  
HOUSE SPICED COATED CAULIFLOWER, DAIRY FREE RANCH / **\$7.99**  
*Contains seeds, can be seed free*

### JUST BE SATISFIED

*Served All Day*

**FULFILLED Burrito** VO, K, W30 Option  
SCRAMBLED EGGS\*, SAUSAGE, 'CHEDDAR WIZ', PALEO TORTILLA, SWEET POTATO HASH, PORK OR VEGGIE GREEN CHILI, CILANTRO, SCALLION, JALAPEÑO / **\$13.25**  
*Contains nuts*

**PASSION Vegetable Curry** VG, W30, NF, EF  
CAULIFLOWER RICE, MIXED VEGGIES, CURRY SAUCE / **\$12.25**  
Add Tortilla / **\$2.75** Add Chicken / **\$4.00**

**FOOD COZY Chicken & Dumplings** NF, KO, W30 Option, EF  
CHICKEN, CARROT, DUMPLINGS, CHICKEN BROTH GRAVY / **\$10.49**

**DESIRED Chicken Caesar** EFO  
CHICKEN, CASHEW CAESAR DRESSING, PICKLED RED ONION, RAW PARMESAN\*, ROMAINE, CROUTONS / **\$11.99**  
Make it a Wrap / **\$2.50** Add Bacon / **\$3.50**  
*Contains nuts & dairy*

**CRAVE 100% Grass-Fed Burger** NFO, KO, EF, W30  
Opt  
GRASS-FED BEEF PATTY\*, NO SUGAR BACON, CHARRED ONION, HOMEADE MAYO, HOUSE KETCHUP, PICKLES, KETO BUN, MIXED GREEN SALAD / **\$14.25**  
Add Grass-Fed Cheddar **\$3.00** or Egg\* / **\$1.50**  
Add Extra Bacon / **\$3.50** Add Extra Burger Patty / **\$8.00**  
*Contains nuts & seeds, can be nut and seed free*

**LOYAL The BEst Quesadilla** EF  
PALEO TORTILLA, 'CHEDDAR WIZ', CHICKEN, BACON, HOUSE DAIRY FREE RANCH / **\$14.25**  
Add Grass-Fed Cheddar (Recommended) / **\$3.00**  
Add Jalapeño / **\$0.50**  
*Contains nuts & seeds, can be made seed free*

**WHOLEHEARTED Pork Green Chili** W30 O, K, EF, NFO  
CHEDDAR WIZ', JALAPEÑO, SCALLION, CILANTRO  
Cup / **\$6.75** Bowl with a Tortilla / **\$10.49**  
*Contains nuts, nut free option available*

V = VEGETARIAN VO = VEGETARIAN OPTION VG = VEGAN  
VGO = VEGAN OPTION NF = NUT FREE NFO = NUT FREE  
OPTION W30 = WHOLE 30 K = KETO EF = EGG FREE

### JUST BE DINNER

*Served from 4pm*

**PEACE Chicken Pot Pie** EF, NF, W30 Option, KO  
CHICKEN, ONION, CARROT, CELERY, THYME, CASSAVA CRUST / **\$11.99**

**CLASSIC Stroganoff** EF, VG, V, W30, K  
SQUASH, CRIMINI MUSHROOMS, DIJON, VEGAN SOUR CREAM, PARSLEY / **\$12.99**  
Add Chicken / **\$4.00**  
*\*Contains nuts*

**AMORE Beef Bolognese** EF, NF, W30, K  
SQUASH NOODLES, GRASS FED BEEF & PORK BOLOGNESE, BASIL / **\$12.99** Add Parmesan / **\$3.00**

### JUST BE YOUTHFUL

*For the Kiddos*

**EGG BURRITO**  
SCRAMBLED EGG\*, 'CHEDDAR WIZ', HOUSE TORTILLA / **\$6.00** *Contains nuts*

**1 EGG\***  
CRISPY SWEET POTATO HASH, BACON / **\$6.00**

**QUESADILLA**  
HOUSE TORTILLA, 'CHEDDAR WIZ' / **\$6.00**  
Add Grass Fed Cheddar / **\$3.00** Add Egg\* / **\$1.50**  
*Contains nuts*

**HAMBURGER**  
GRASS-FED BEEF PATTY\*, 'CHEDDAR WIZ', CASSAVA BUN, CARROT STICKS / **\$7.00**

*Served from 4pm*  
**BOLOGNESE**  
SQUASH NOODLES, GRASS FED BEEF & PORK BOLOGNESE / **\$6.00** Add Parmesan / **\$3.00**

**TAKEOUT ONLY!**

**FAMOUS DDD Sampler** NF, K, W30 Option, EF  
GUY FIERI'S FAVORITES, CHICKEN & DUMPLINGS AND PORK GREEN CHILI / **\$40.75** Add Tortilla / **\$2.50**

### JUST BE COMFORTED

**BONE BROTH BAR** **100% Pasture Raised Chicken Bone Broth + 2 Toppings**

GARLIC, GINGER, JALAPEÑO, SEA SALT, CAYENNE, SCALLION, BUTTER, CILANTRO  
Mug / **\$6.50** Pint / **\$8.95** 32oz / **\$14.95** Extra Toppings / **50¢**

## JUST BE ALIVE

### AWAKE Brewed

Coffee DRIP COFFEE /

\$3.00 ICED COFFEE /  
\$3.00

### CALM Specialty Lattes

Choice of Almond or Coconut Milk, Served Hot or Iced Add Collagen / \$2.00

Add CBD Oil / \$2.00

Add Adaptogenic Mushroom Powder / \$2.50

### Vanilla Sea Salt Coffee

COFFEE, VANILLA, MAPLE, SEA SALT / \$6.50

Choice of Almond or Coconut Milk

### CBD Cinnamon Coffee Treat

COFFEE, CINNAMON, HONEY,

CBD OIL / \$9.00 Choice of Almond or Coconut Milk

### Sweet Cream Collagen

COFFEE, COCONUT MILK, VANILLA, MAPLE, COLLAGEN / \$7.00

## JUST BE NAUGHTY

### DELIGHTED

CHOCOLATE CHIP COOKIE (VG) OR BROWNIE / from \$3.50

Contain Nuts

### SURPRISE Monthly Changing Dessert / Price

Varies

## JUST BE RELAXED

### NON COFFE SPECIALTY DRINKS

Choice of Almond or Coconut Milk, Served Hot or Iced

Add Collagen / \$2.00

Add CBD Oil / \$2.00

Add Adaptogenic Mushroom Powder / \$2.50

### Rasa: Tea That Tastes Like Coffee

POUR OVER / \$5.00

Choice of Almond or Coconut Milk

### Chai Latte\*

HOUSE CHAI SYRUP, GINGER, BLACK PEPPER CINNAMON, MAPLE / \$6.00

Choice of Almond or Coconut Milk

\*Contains caffeine

## JUST BE QUENCHED

### Tea

ICED TEA / \$3.50

### JBK Gatorade

PINEAPPLE JUICE, SEA SALT, LEMON, LIME / \$3.50

### Kombucha

ROTATING FLAVORS / \$6.00

### Ready to Drink – Mixed Can Drinks

CHECK OUR RETAIL FRIDGE

### House made Lemonade

LEMON, AGAVE, SPARKLING WATER / \$3.50

Syrup & Sauces all made in-house.

AS SEEN ON DINERS, DRIVE IN'S & DIVES!

WE WERE THE FIRST TIME A 100% GLUTEN, GRAIN, REFINED SUGAR, AND DIARY FREE RESTAURANT FEATURED ON THE SHOW!

MINDFUL MOUTHFULS AT HOME!

LOOK AT OUR RETAIL BAG MIXES FOR OUR FAMOUS CHOCOLATE CHIP COOKIES, BROWNIES AND GRANOLA! LOAVES OF RYE BREAD TOO!

JUST BE PARTYING

ASK US ABOUT HOSTING A BIRTHDAY, WEDDING OR ANY CELEBRATION! WE DO FULL OR PARTIAL VENUE HIRES!

FOR MORE INFORMATION EMAIL: [Catering@JustBeKitchen.com](mailto:Catering@JustBeKitchen.com)

Any of our specialty coffees can be made without maple syrup or other sweets and all are dairy free.

Paleo is a lifestyle rather than a diet and uses nutrient dense foods which are minimally processed. WE VALUE & APPRECIATE INDIVIDUALS WITH FOOD SENSITIVITIES. PLEASE ASK FOR ANY MODIFICATIONS—WE ARE HAPPY TO ACCOMMODATE!

All of our dishes are prepared-to-order, thus our kitchen operations may involve shared cooking & preparation areas. Therefore, we cannot guarantee that any menu item can be completely free of nut, dairy or egg allergens.



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\* These items may be served raw or undercooked, or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illnesses.